

# ARAB HIGH SCHOOL

\*Choice of Milk Offered Daily: 1%, Skim, 1% Chocolate or Strawberry

# AUGUST 2008

\*Fresh or Canned Fruit Offered Daily

			8-07-08	8-08-08
			Cheeseburger or Hot Dog Fries Stacked Salad Fruit Milk	Chicken Tenders/Roll or Sloppy Joe Green Beans Creamed Potatoes Fruit Milk
8-11-08	8-12-08	8-13-08	8-14-08	8-15-08
Chicken Sandwich or Corndog Fries Broccoli Normandy Fruit Milk	Pepperoni Cavatini/ Breadsticks or Fish Sand. Garden Salad Lima Beans Fruit Milk	Taco Salad Let/Cheese/Sour Cream/ Salsa or Sub Sandwich Pinto Beans Fruit Milk	Pizza or Steak Sand. Garden Salad Corn Fruit Milk	Chili Crisпитos or BBQ Sandwich Baked Beans Cole Slaw Fruit Milk
8-18-08	8-19-08	8-20-08	8-21-08	8-22-08
Country Fried Steak/Biscuit & Gravy or Chicken Sand. Blackeye Peas Parsley Potatoes Fruit Milk	<u>Breakfast for Lunch</u> Biscuits/Sausage/Egg/ Tater Tots or Burrito/Salsa Cinnamon Apples Milk	Parmesian Chicken/ Texas Toast or Rib Sandwich Potatoes Green Beans Fruit Milk	Pizza or Hoagie Sandwich Corn Garden Salad Fruit Milk	Cheeseburger/Stack Salad or Hot Dog/Kraut & Onion Fries Fruit Milk
8-25-08	8-26-08	8-27-08	8-28-08	8-29-08
Beefy Nachos/Chips & Salsa or Sloppy Joe/Chips Corn Fruit Milk	Meatloaf/Biscuit or Steak Sandwich Cream Potatoes Blackeye Peas Fruit Milk	Beefaroni/Bread Sticks or Corn Dog Garden Salad Peas Fruit Milk	Pizza or Grilled Chicken Wrap Corn Garden Salad Fruit Milk	Fish Nuggets or Sub Sand. Slaw Baked Beans Fruit Milk

**PLEASE REMEMBER TO SEND LUNCH MONEY:**

**Paid lunch:** \$2.00 daily \$10 weekly \$34.00 (17 days)

**Reduced lunch:** 40¢ daily \$2 weekly \$6.80 (17 days)

\*\*\*Second Entrée Offered Daily at Arab Jr. High School & Arab High School

\*\*\*Lunch Includes: Entrée, (1) Bread, (2) Vegetables, (1) Fruit & (1) Milk