

ARAB HIGH SCHOOL

*Choice of Milk Offered Daily: 1%, Skim, 1% Chocolate or Strawberry

FEBRUARY LUNCH MENU 2010

*Fresh or Canned Fruit Offered Daily



| 2-1-10 | 2-2-10 | 2-3-10 | 2-4-10 | 2-5-10 |
|---|---|--|--|--|
| Chicken Fajita/Lettuce/Cheese/ Sour Cream/Salsa or Hot Dog/ Kraut/Onions/Chips Pintos Fruit Milk | Cheeseburger/Stack Salad or Sub Sandwich Nacho Chips Baked Beans Fruit Milk | Turkey Rice Soup/Crackers Cheese Toast or Rib Sand./ Pickle Spear/Cole Slaw Green Peas Fruit Milk | Pizza or Breaded Chicken Sandwich Garden Salad Fries Fruit Milk | Cavatini/Garlic Bread or Steak Sandwich Garden Salad Green Beans Fruit Milk |
| 2-8-10 | 2-9-10 | 2-10-10 | 2-11-10 | 2-12-10 |
| Chicken/Roll or Burrito/Salsa Cream Potatoes Green Peas Fruit Milk | <u>Breakfast for Lunch</u> Sausage/ Eggs/Bisc/Gravy Biscuit/Gravy or Grilled Chicken Sand. Potato Rounds Cherry Crunch, Milk | Fish Nuggets/Texas Toast or Sub Sandwich Slaw Baked Beans Fruit Milk | Pizza or Hoagie Garden Salad Corn Fruit Milk | BBQ Pork/Texas Toast or Corn Dog Baked Potato Steamed Vegetables Fruit Milk |
| 2-15-10 | 2-16-10 | 2-17-10 | 2-18-10 | 2-19-10 |
| NO SCHOOL! | Chicken Tenders/Roll or Hot Dog Cream Potatoes Blackeye Peas Fruit Milk | Cheeseburger/Stack Salad or Fish Sandwich Fries Fruit Milk | Pizza or Burrito Garden Salad Corn Fruit Milk | Taco Soup/Corn Chips Sour Cream/Salsa or Steak Sandwich Garden Salad Fruit Milk |
| 2-22-10 | 2-23-10 | 2-24-10 | 2-25-10 | 2-26-10 |
| Chicken Quesadilla/Mexican Beans or Hamburger Corn Fruit Milk | Steak Nuggets/Biscuit or Croissant Macaroni & Cheese Lima Beans Fruit Milk | Taco Salad/Lettuce/Salsa/ Cheese/Sour Cream or Sub Sandwich Mexican Corn Pintos Fruit, Milk | Pizza or Gr. Grilled Chicken Sand. Garden Salad Corn Fruit Milk | Pork BBQ or Corn Dog Baked Beans Slaw Fruit Milk |

Menu subject to change due to delivery shortages

PLEASE REMEMBER TO SEND LUNCH MONEY:

Paid lunch: \$2.00 daily \$10 weekly \$36.00 February (19 days)

Reduced lunch: 40¢ daily \$2 weekly \$7.20 February (19 days)

***Second Entrée Offered Daily at Arab Jr. High School & Arab High School

***Lunch Includes: Entrée, (1) Bread, (2) Vegetables, (1) Fruit & (1) Milk